For information on how to manage your acute musculoskeletal injury

Please <u>Log On</u> to the <u>Information Leaflet Tab</u> on the <u>Physiotherapy Page</u> on the St James's Hospital Website

http://www.stjames.ie/services/scope/physiotherapy/







# EMERGENCY DEPARTMENT PHYSIOTHERAPY APPOINTMENT INFORMATION

Phone: 416 2503/4 Email: physioreception@stjames.ie

Opening hours: Mon-Fri 8.00am – 4.30pm Location: Hospital 4, Ground Floor

Your Hospital Number:	
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# What is Physiotherapy?

Physiotherapy is a profession that promotes healing & well being or soft tissue injuries or conditions. Treatment can be used to help restore range of movement and function following injury.

## You have been referred for physiotherapy – now what?

- Should you feel you require physiotherapy, please contact the Physiotherapy Department as soon as possible to schedule an appointment on 01-4162503
- We can offer Telehealth appointments also via phone call or video call if you do not wish to attend in person.
- If you do not contact physiotherapy within 1 week of your Emergency Department attendance, you will not be offered an appointment

### Please Note Our Policies:

- This is a public service therefore free of charge
- Failure to attend for your first appointment will result in automatic discharge from physiotherapy and you will not be offered another appointment
- If you are unable to attend your appointment, 24 hours' notice is required. If not this is regarded as a DNA... this means 'Did Not Attend'

- Please attend all appointments on time as all patients are seen on a scheduled basis. It may not be possible to accommodate late attendances.
- PLEASE RING TO CANCEL YOUR APPOINTMENT IF YOUR
   PROBLEM HAS RESOLVED This allows us to give your
   appointment time to someone else.

# **HOW TO CONTACT US**

- To make a physiotherapy appointment please call
   01 4162503 or 4162504
- Or email for an appointment: physioreception@stjames.ie
- You will be sent a text message reminder of your appointment
- Physiotherapy department opening hours:

8.00am until 4.30pm, Mon-Fri

If you have any special needs as a result of a disability please contact our Access Officer Mark Donegan on 01-4284773

If English is not your first language and you require an interpreter, please email reception and we can arrange one